# ADULT MEMBER HEALTH RECORD

	ABOUT YOU	CHIROPRACTIC EXPERIENCE	
NAME:		WHO REFERRED YOU TO OUR OFFICE?	
MAILING ADDRESS:		HAVE YOU SEEN OR HEARD OF OUR OFFICE BECAUSE OF (\( \sigma \text{ALL THAT APPLY} ):  \[ \text{NEWSPAPER}  \text{SIGN}  \text{YELLOW PAGES}  \text{COMMUNITY EVENT}  \text{MAILING}	
CITY:	STATE/ZIP CODE:	HAVE YOU BEEN ADJUSTED BY A CHIROPRACTOR BEFORE?	
HOME PHONE:	CELL PHONE:	IF YES, WHAT WAS THE REASON FOR THOSE VISITS?	
EMAIL ADDRESS:		DOCTOR'S NAME:	
DATE OF BIRTH:	AGE:	APPROXIMATE DATE OF LAST VISIT:	
SOCIAL SECURITY NUMBER:	GENDER:	HAS ANY ADULT IN YOUR FAMILY EVER SEEN A CHIROPRACTOR?	
MARITAL STATUS:	NUMBER OF CHILDREN:	REASON FOR THIS VISI	
		DESCRIBE THE REASON FOR THIS VISIT:	
EMPLOYER NAME:		Transfer out to control of the first of the state of the	
EMPLOYER ADDRESS:			
EMPLOYER CITY:	EMPLOYER STATE/ZIP CODE:	IS THE PURPOSE OF THIS APPOINTMENT RELATED TO:	
WORK PHONE:	POSITION TITLE:	□ JOB □ SPORTS □ AUTO □ FALL □ HOME INJURY □ CHRONIC DISCOMFORT □ OTHER	
PAYMENT METHOD: ☐ CASH	□ CHECK □ CREDIT CARD	PLEASE EXPLAIN:	
		IF JOB RELATED, HAVE YOU MADE A REPORT OF YOUR ACCIDENT TO	
ABOUT YOU	UR SIGNIFICANT OTHEI	YOUR EMPLOYER?	
NAME:		WHEN DID THIS CONDITION BEGIN?	
PHONE:		-	
ANOTHER	EMPROPRION CONT. C	HAS THIS CONDITION:	
ANOTHER	EMERGENCY CONTAC	The strategies the strategies are the first participation and the strategies are the strategies the stra	
NAME:		DOES THIS CONDITION INTERFERE WITH:	
PHONE:	RELATION:	PLEASE EXPLAIN:	
		HAS THIS CONDITION OCCURRED BEFORE? YES NO	
DO TOU GLOVERS DE VI	HEALTH HABITS	PLEASE EXPLAIN:	
DO YOU SMOKE?	S NO If yes, how much per day		
DO YOU DRINK ALCOHOL? • YE	S NO If yes, how much per week	HAVE YOU SEEN OTHER DOCTORS FOR THIS CONDITION? ☐ YES ☐ NO	
DO YOU DRINK COFFEE, TEA, OR SODA	If yes, how much per day	DOCTOR'S NAME:	
DO YOU EXERCISE REGULARLY?	□ YES □ NO	TYPE OF TREATMENT:	
DO YOU WEAR:		RESULTS:	
□ HEEL LIFTS □ SOLE LIFTS	☐ INNER SOLES ☐ ARCH SUPPORTS		

### WERE YOU AWARE THAT...

DOCTORS OF CHIRO	OF CHIROPRACTIC WORK WITH THE NERVOUS SYSTEM?			
	☐ YES	□NO		
THE NERVOUS SYS'	HE NERVOUS SYSTEM CONTROLS ALL BODILY FUNCTIONS AND			
5 I 5 I Elvis	☐ YES	□NO		
CHIROPRACTIC IS T WORLD?	HE LARGEST NAT	JRAL HEALING PROFESSION IN THE		
	☐ YES	□NO		

# GOALS FOR YOUR CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

- ☐ Patch care: Symptomatic relief of pain or discomfort.
- Corrective care: Correcting and relieving the cause of the problem as well as the symptom.
- ☐ Optimal Wellness care: Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care.

## MEDICATIONS YOU TAKE

☐ CHOLESTEROL MEDICATIONS	☐ BLOOD PRESSURE MEDICINE
STIMULANTS	☐ BLOOD THINNERS
□ TRANQUILIZERS	PAIN KILLERS (INCLUDING ASPIRIN)
□ MUSCLE RELAXERS	OTHER:
□ INSULIN	□ OTHER:

### YOUR CONCERNS

INSTRUCTIONS: Please circle the health concerns or conditions you may be experiencing now or have in the past. Each area of concern relates to an area of the spine and nerve function. Headaches Migraines Dizziness Sinus Problems Sore Throat Allergies Stiff Neck Fatigue Radiating Arm Pain Head Colds Hand/Finger Numbness Vision Problems Asthma Difficulty Concentrating Allergies Hearing Problems High Blood Pressure Heart Conditions T3 Middle Back Pain T4 Congestion T5 Difficulty Breathing Bronchitis T6 Pneumonia **T7** Gallbladder Conditions T8 Stomach Problems T9 Ulcers Gastritis T10 Kidney Problems T11 T12 OTHER: Constipation Colitis L3 Diarrhea L4 Gas Pain L5 Irritable Bowel S Bladder Problems Menstrual Problems A Low Back Pain C Pain or Numbness in legs R Reproductive Problems

### HEALTH CONDITIONS

**INSTRUCTIONS:** Please check each of the diseases or conditions that you now have or have had in the past. While they may seem unrelated to the purpose of the appointment, they can affect the overall diagnosis, care plan and the possibility of being accepted for care.

□ SEVERE OR FREQUENT HEADACHES	□ THYROID PROBLEMS	□ PAIN IN ARMS/ LEGS/HANDS	□ NUMBNESS	FOR WOMEN ONLY:
□ HEART SURGERY/ PACEMAKER	□ SINUS PROBLEMS	□ LOW BLOOD PRESSURE	□ ALLERGIES	ARE YOU PREGNANT?
□ LOWER BACK PROBLEMS	□ HEPATITIS	□ RHEUMATIC FEVER	□ DIABETES	IF YES, WHEN IS YOUR DUE DATE?
□ DIGESTIVE PROBLEMS	DIFFICULTY BREATHING	□ ULCERS/COLITIS	□ SURGERIES:	ARE YOU NURSING?
□ PAIN BETWEEN SHOULDERS	□ KIDNEY PROBLEMS	□ TUBERCULOSIS	□ ASTHMA	ARE YOU TAKING BIRTH CONTROL? ☐ YES ☐ NO
☐ CONGENITAL HEART DEFECT	☐ HIGH BLOOD PRESSURE	□ ARTHRITIS	□ LOSS OF SLEEP	DO YOU:  EXPERIENCE PAINFUL PERIODS?  O YES ONO
☐ FREQUENT NECK PAIN	□ CHEMOTHERAPY	□ SHINGLES	□ DIZZINESS	HAVE IRREGULAR CYCLES? YES NO HAVE BREAST IMPLANTS? YES NO

# AUTHORIZATION FOR CARE I hereby authorize the Doctors to work with my condition through the use of adjustments to my spine, as he or she deems appropriate. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. The Doctors will not be held responsible for any pre-existing medically diagnosed conditions nor for any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered me will become immediately due and payable. Ownership of X-ray Films: It is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office. SIGNATURE: DATE: How will you be taking care of your services?

### TERMS OF ACCEPTANCE

☐ CREDIT CARD

☐ CHECK

When a patient seeks chiropractic care and we accept such a patient for care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is only when the patient understands both the objective and the method that they will be able to attain it. This will prevent any confusion or disappointment.

An <u>adjustment</u> is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine.

Health is a state of optimal physical, mental and social well being, not merely the absence of disease.

□ CASH

<u>Vertebral Subluxation</u> is a misalignment of one or more of the joints of the body. This can cause pain or alteration of nerve function and interference of the transmission of nerve impulses, lessening the body's innate ability to maintain maximum health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statement. Any questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

A STATE OF THE STA	
SIGNATURE:	DATE:
WITNESS SIGNATURE:	DATE:

### NOTICE OF PRIVACY POLICY

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request.
- · You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements and to inform you about our practice and its staff via text alerts and or emails.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- Obtain payment from third party payers.

PATIENT NAME (PLEASE PRINT):

Conduct normal healthcare operations such as quality assessments and physician's certifications.

I have read and understand your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and or disclosed.

RELATIONSHIP TO PATIENT:

SIGNATURE:	DATE:
ANY OTHER INFORMATION YOU T	HINK MIGHT HELP THE DOCTORS